

Perpetual Help Novena



To Our Mother of Perpetual Help

Mother of Perpetual Help... Please pray for us

Opening Hymn: Immaculate Mother *(please stand)*

Immaculate Mother to you do we plead
to ask God our Father; for help in our need.
Ave, Ave, Ave Maria Ave, Ave, Ave Maria.
We pray for our country the land of our birth
we pray for all nations, that peace be on earth.
Ave, Ave, Ave Maria Ave, Ave, Ave Maria.

Priest: In the name of the Father and of the Son, and of the Holy Spirit.

All: Amen.

Priest: Brothers and sisters, as children of our Blessed Mother, we are gathered before her miraculous picture to honor her and to pray for all our needs. Unworthy children that we are, let us first of all ask God's mercy and pardon. **(Pause)**

All: Merciful Father * you sent your Divine Son * to redeem us by his death and resurrection * and to give us new life. By this you make us your children * to love one another in Christ. How many times in the past * we have forgotten this sublime dignity. We have sinned against our brothers and sisters; * we have offended you. Merciful Father, forgive us. Repenting sincerely of our sins we ask your mercy; * may we always live as your truly devoted children. **(Please be Seated)**

Reading of Petitions and Thanksgivings

Hymn: Mary Immaculate Star of the Morning

Mary Immaculate,
Star of the morning,
Chosen before
the creation began,
Destined to bring,
through the light of your dawning,
Conquest of Satan
and rescue to man. (Refrain)

We sinners honor
your sinless perfection;
Fallen and weak,
for God's mercy we plead.
Grant us the shield of your mighty
protection.
Measure your aid
by the depth of our need. (Refrain)

Refrain:

Bend from your throne at the voice of our crying. Look to this earth where your footsteps have trod. Stretch out your arms to us, living and dying,
Mary Immaculate, Mother of God.

Novena Prayer

All: Dear Mother of Perpetual Help * from the cross Jesus gave you to us for our Mother. You are the kindest the most loving * of all mothers. Look tenderly on us your children * as we now ask you to help us in all our needs * especially this one ... (*Pause in silence to recall your petition*). While you were on earth, dear Mother * you willingly shared in the sufferings of your Son. Strengthened by your faith and confidence * in the fatherly love of God * you accepted the mysterious designs of His will.

We too, have our crosses and trials. Sometimes they almost crush us to the ground. Dearest Mother * share with us your abundant faith and confidence in God. Make us aware that God never ceases to love us; * that He answers all our prayers * in the way that is best for us. Strengthen our hearts to carry the cross * in the footsteps of your Divine Son. Help us to realize * that he who shares the cross of Christ * will certainly share His resurrection.

Dearest Mother, as we worry about our own problems * let us not forget the needs of others. You always loved others so much; * help us to do the same. While praying for our intentions * and for the intentions of all here present at this Novena * we earnestly ask you, our Mother * to help us comfort the sick and the dying * give hope to the poor and the unemployed * heal the broken-hearted * lighten the burden of the oppressed * teach justice to their oppressors and bring back to God all those who have offended Him.

Dearest Mother, help us to avoid sin which separates us from our heavenly Father * and from one another. Full of trust in you * we place ourselves under the mantle of your maternal protection * and confidently hope for your powerful help. **Amen.**

Prayer for the Home

All: Mother of Perpetual Help * we choose you as Queen of our homes. We ask you to bless all our families * with your tender motherly love. May the Sacrament of Marriage * bind husbands and wives so closely together * that they will always be faithful to each other * and love one another as Christ loves his Church.

We ask you to bless all parents. May they love and cherish the children * whom God has entrusted to them. May they always give them the example * of a truly Christian life. Help them to bring up their children * in the love and fear of God. Bless all children * that they may love, honor and obey * their fathers and mothers. To your loving care * we especially entrust the youth of today.

Give us all a sense of responsibility * that we may do our part * in making our home a haven of peace * like your own home at Nazareth. We take you as our model. Help us to grow daily in genuine love of God and neighbor * so that justice and peace may happily reign * in the entire family of mankind. **Amen. (Please be Seated)**

Petitions to our Mother of Perpetual Help

Holy Mary **All: Pray for us.**

Holy Virgin, conceived without sin **All: Pray for us.**

Our Mother of Perpetual Help **All: Pray for us.**

We sinners call to you **All: Loving Mother, help us.**

All: Loving Mother, help us (after each of the following petitions)

- That we may be filled with the Holy Spirit and become courageous witnesses of Christ's love for men.
- That we may be more and more like our Divine Lord, as you were.
- That we may be meek and humble of heart like your son, Jesus.
- That we may fear losing God's friendship forever by unrepented sin.
- That we may seek Christ's mercy and forgiveness constantly in the sacrament of Penance.
- That we may be aware of God speaking to us in the events of daily life.
- That we may pray daily with love and trust, especially in moments of temptation.
- That we may realize the value of worshipping God together in the Eucharist.
- That we may grow in the love of Christ and neighbor by frequent Communion.
- That we may reverence our bodies as temples of the Holy Spirit.
- That we may strive to be true Christians by our loving concern for others.
- That we may proclaim the dignity of work by doing our own work conscientiously.
- That we may forgive from our heart those who have wronged us.
- That we may see the evil of seeking our own interest at the expense of others.
- That we may work for the just distribution of this world's goods.
- That we may share our talents with others for the good of the community.
- That we may accept our responsibility in the community in the spirit of genuine service.
- That the Holy Spirit may guide and strengthen Pope Francis, the Bishops, and the clergy.
- That we may be blessed with an increase of priestly and religious vocations.
- That we may bring the knowledge of Christ to those who do not know Him.
- That we may be aware of our dependence on God in the midst of human achievements.
- That we may be ready at death to enter the home of our heavenly Father.
- That we may die at peace with Christ and our fellowmen.
- That we may be comforted at the death of our dear ones by our hope in the risen Lord.
- That our departed brothers and sisters quickly share in your Son's resurrection.

Let us pray in silence for our own intentions (Pause)

All: Holy Mary help us in our needs * pray for all the people of God; * may all experience your perpetual help.

Priest: Lord, you gave us Mary to be our Mother ever ready to help us; grant us the grace to have recourse to her in all our needs. **Amen.**

Consecration to the Blessed Mother (1st Wednesday of the month)

All: Immaculate Virgin Mary * Mother of God and Mother of the Church * you are also our Mother of Perpetual Help. With hearts full of love for you * we consecrate ourselves to your Immaculate Heart * so that we may be your devoted children. Obtain for us true sorrow for our sins * and fidelity to the promises of our Baptism.

We consecrate our minds and hearts to you * that we may always do the will of our heavenly Father. We consecrate our lives to you * that we may love God better * and live not for ourselves but for Christ your Son * and that we may see him and serve him in others.

By this humble act of consecration * dear Mother of Perpetual Help * we pledge to model our lives on you * the perfect Christian * so that consecrated to you in life and in death * we may belong to your Divine Son for all eternity. **Amen.**

Hymn: Mother of Christ (please stand)

Mother of Christ, Mother of Christ
What shall I ask of thee?
I do not sigh
for the wealth of earth
For the joys that fade and flee
But, Mother of Christ,

Mother of Christ
This do I long to see
The bliss untold
which your arms enfold
The treasure upon your knee.

Mother of Christ, Mother of Christ
I toss on a stormy sea,
Oh, lift your Child
as a beacon light
To the port where I fain would be
And, Mother of Christ,

Mother of Christ
This do I ask of thee,
When the voyage is o'er,
O stand on the shore
And show him at last to me.

Exposition of the Blessed Sacrament

O Salutaris Hostia (please kneel)

O salutaris Hostia
Quae caeli pandis ostium;
Bella premunt hostilla,
Da robur, fer auxillium.

Uni trinoque Domino
Sit sempiterna gloria,
Qui vitam sine termino
Nobis donet in patria. **Amen.**

**** Silent Adoration of the Blessed Sacrament ****

Prayer of Thanksgiving

All: Lord Jesus Christ * truly present in the Most Blessed Eucharist * we adore you. It has pleased the Father * that in you all his fullness should dwell * and that through you * he should reconcile all things to himself. Grant us the grace to be truly grateful * for all that our Father has done for us. Grant that we may be truly sorry for our sins * and do penance for them.

Through you, we thank the Eternal Father for the gift of life. He has created all the wonderful things of this world for us. May we learn to use them well * so that through them * we may grow in love for Him.

Above all, we thank our Father * for sending you to us * as the greatest expression of his love * to save us and all creation * by your death and resurrection.

We thank you Lord * for giving us your own Mother to be our Mother of Perpetual Help. May the countless favors we have received through her intercession, * and especially through the Novena * inspire us to greater confidence in God's loving mercy * and her perpetual help. Grant that we may always do the holy Will of God * and persevere in his love.

To the Most Holy Trinity * Father, Son and Holy Spirit * be honor, glory and thanksgiving forever and ever. **Amen.**

**** Silent Prayer ****

Prayer for the Sick

All: Lord Jesus Christ, * you bore our sufferings and carried our sorrows * in order to show us clearly * the value of human weakness and patience; * graciously hear our prayers for the sick. Grant that those who are weighed down * with pain and other affliction of illness, * may realize that they are among the chosen ones * whom you call Blessed. Help them to understand * that they are united with You in your sufferings. * for the salvation of the world. **Amen.**

Let us Raise our Voice to Proclaim our Faith

All: Christ the Lord for us has died. Dying, He destroyed our death, Rising, He restored our life. O Lord Jesus, we await Your last return in glory, When we eat the bread and we drink the cup in the blessed Eucharist, We meet You, our Risen Savior giving life to us anew. Through life's journey, be with us, to strengthen us forever. **Amen.**

Priest: You have given them bread from Heaven.

All: Having all sweetness within it.

Let Us Pray (Priest):

Lord God, by the paschal mystery of the death and resurrection of Your only Son, You accomplished the work of man's redemption. Full of trust, we proclaim that paschal mystery in the sacramental signs of the Eucharist. Help us to see ever growing in us the fruits of Your saving work through Christ Our Lord. **Amen. (Benediction)**

The Divine Praises

Blessed be God.
Blessed be His Holy Name.
Blessed be Jesus Christ, true God and true Man.
Blessed be the Name of Jesus.
Blessed be his most Sacred Heart.
Blessed be his most Precious Blood.
Blessed be Jesus in the most Holy Sacrament of the altar.
Blessed be the Holy Spirit, the Paraclete.
Blessed be the great Mother of God, Mary most holy.
Blessed be her holy and Immaculate Conception.
Blessed be her glorious Assumption.
Blessed be the name of Mary, Virgin and Mother.
Blessed be Saint Joseph, her most chaste spouse.
Blessed be God in his angels and in his saints.

*** *Blessed Sacrament Returned* ***

Hymn: O Sacrament Most Holy

O Sacrament, Most Holy, O Sacrament divine.
All praise and all thanksgiving, Be every moment Thine. (3x)
(please stand)

Hymn: Hail Mary

Hail Mary, full of grace the Lord is with you
Blessed are you among women, And blessed is the fruit of your womb, Jesus.
Holy Mary, Mother of God, Pray for us sinners.
Now and at the hour of our death. **Amen**

Memorare

All: Remember, O most gracious Virgin Mary, that never was it known that anyone who fled to your protection, implored your help or sought your intercession, was left unaided. Inspired with this confidence, I fly unto you. O Virgin of virgins, my Mother. To you, I come; before you I stand, sinful and sorrowful. O Mother of the Word Incarnate, do not despise my petition, but in your mercy hear and answer me. **Amen.**

Prayer for Financial Aid

All: Realizing, dear Mother, that you are our perpetual help, not only in spiritual but also in temporal necessities, we ask you to help us in our present financial worry. Because of unavoidable circumstances which have arisen in our lives, we are in great want and financial embarrassment, since we are unable to meet our honest debts. We are not asking, dearest Mother of Perpetual Help, for wealth, if the possession of it is not in accordance with the will of God; we merely ask you for that assistance which will help us to settle our present obligations. We believe, dear Mother of God, that you are extremely kind and generous to all your loving and devoted children. We plead with you, therefore, dear Mother, to obtain for us the help we so urgently need. We are trying so earnestly to solve our problem but we believe in your powerful intercession with Our Lord Jesus Christ, your Son and our Redeemer. **Amen.**

Prayer in Times of Temptation

All: Mary, my Mother, your love for us could not be greater or more powerful. You are rich in love and your power brings us relief. You want everyone to be saved. I beg you therefore, protect me in temptation and strengthen me when I weaken. I struggle daily to be faithful to Jesus your son. Help me my Mother at every moment. But above all take me by the hand when you see that I am weakening and about to fall. I will have to battle with temptation till the day I die. My Lady, you are my hope, my refuge, my strength; never let me lose the grace of God. In every temptation I resolve to turn to you at once and pray: Mary help me. **Amen**

Hymn: Our Lady of Fatima

Dear Lady of Fatima we come on bended knees

To beg your intercession for peace and unity.

Dear Mary, won't you show us the right and shining way

We pledge our love and offer you a rosary each day.

You promised at Fatima each time that you appeared

To help us if we pray to you to banish war and fear.

Dear Lady on first Saturdays, we ask your guiding hand

For grace and guidance here on earth and protection for our land.

Hymn: Holy God, we praise thy Name

Holy God, we praise thy Name;

Lord of all, we bow before thee!

All on earth thy scepter claim,

all in heaven above adore thee;

infinite thy vast domain,

everlasting is thy reign.

Hark! the loud celestial hymn

angel choirs above are raising,

cherubim and seraphim,

in unceasing chorus praising;

fill the heavens with sweet accord:

Holy, Holy, Holy, Lord.